#### Curriculum Vitae

### RUSSELL CARLETON SMELLEY

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Gender: Male Ethnicity: Virginian

## Education

May 1979 MEd Education/Physical Education University of Richmond May 1978 BA English & Physical Education University of Richmond June 1973 Graduate Prince George High School Prince George, Virginia

# Professional Experience

September 1979 to present Westmont College Santa Barbara, California Tenured and promoted to Associate Professor, Kinesiology September 1985

Head Coach Cross Country/Track & Field - Men & Women Promoted to Full Professor, Kinesiology Spring 2000

Annual athletic scholarship fundraising and student recruitment Facilities Coordinator - Kinesiology & Athletics 1992 to 2000 Associate Athletic Director 1988 to 1993

Westmont Faculty Budget & Salary Committee 1990-93

Westmont Faculty Personnel Committee for Tenure and Promotion 1987-89, 1998-2000, 2009

Westmont Task Force on Faculty Load 1981-83

NAIA National Cross Country Coaches Association Officer 1988-96

NAIA National Championship Committees for Cross Country/Track & Field 1985 to 2000

Chairman Golden State Athletic Conference CC/T&F Coaches Committee 1991-94, 2012-present

Chairman NAIA District III Cross Country/Track & Field Committee 1983-87

Delegate for NALA to The Athletics Congress convention 1984-89

### Professional Presentations/Experiences

Presentation Keynote Speaker Kansas CC/T&F Coaches Association Annual Meeting January 2015

Presentation ICCE Conference Durban, South Africa "The Value of a written Coaching Philosophy' September 2013

Co-presentation Coaches Global House London Olympics 'The Value of a Coaching Philosophy' with mentor Dr. Jim Crakes, PLNU July 2012

Meet Director Westmont Cross Country Invitational 1979-2010

Virginia Spring Break T & F History trip (Gettysburg to Richmond)

1987, '88, '91, '94, '97, '00, '03, '06, '10, '15 Westmont Sport Skills camp ages 5-10 1994-1998

Director Westmont Track & Field Summer Camp ages 5-12 1994

Director Santa Barbara Speed Camp 1994

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Produced Westmont Cross Country/Track & Field Alumni History 1990

Meet Director Santa Barbara Easter Relays 1989-1998

Meet Director Golden State Conference Track & Field Championship 1990, 93, 97, 2001, 2010-2018

Meet Director NAIA District III Track & Field Championship 1982, 84, 88, 91, 94

Meet Director NAIA District III Cross Country Championship 1984, 85, 87 Meet Director Westmont Warrior Relays 1980-1987

Golden State Conference Cross Country Men's Champions 1986, 87, 97

Golden State Conference Cross Country Women's Champions

1987, 89, 90, 91, 92, 93, 95, 96, 97, 98, 2014

NAIA District III Cross Country Men's Champions 1986, 87

NAIA District III Cross Country Women's Champions 1982, 83, 87, 89, 90, 91, 92, 93

Meet Director Virginia Collegiate Women's Track & Field Championship 1978, 1979

# Membershi ps

Speaker at Santa Barbara Athletic Round Table Luncheons annually four times each semester

Guest speaker UC Santa Barbara Team Sports class 1993 - 1999 Guest speaker UC Santa Barbara Sociology of Sport class - 1999 Speaker at Santa Barbara Christian School 1988, 1994, 1998 Presentation Nordhoff High School Cross Country Team 1992-1994 Board Member -